

Swimming Programme

Brine Pool

		07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30
Monday	Shallow																												
	Middle																												
	Deep																												
Tuesday	Shallow																												
	Middle																												
	Deep																												
Wednesday	Shallow																												
	Middle																												
	Deep																												
Thursday	Shallow																												
	Middle																												
	Deep																												
Friday	Shallow																												
	Middle																												
	Deep																												
Saturday	Shallow																												
	Middle																												
	Deep																												
Sunday	Shallow																												
	Middle																												
	Deep																												

* Aquatherapy (self referral)

** Brine pool parties are available on Sundays from 2.30pm – contact reception to book your slot

Swimming Programme

Main Pool



Swimming Programme

Teaching Pool

		07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
Monday	Lane 1	Lane Swimming 7.00am – 8.30am		Lifeguard Training 8.30am – 10.30am				Lane Swimming 10.30am – 6.30pm																Walsall Swimming Club 6.30pm – 8.30pm								
	Lane 2																															
	Lane 3	Early Morning Swimming 7.00am – 8.30am						Public Swimming 11.30am – 1.30pm				Swim Academy 4.00pm – 6.00pm				Diving 6-6.30pm																
	Lane 4																															
	Lane 5																															
	Lane 6																															
Tuesday	Lane 1	Lane Swimming 7.30am – 7.30pm																										Tamworth Sub Aqua Club 7.30pm – 8.30pm				
	Lane 2																															
	Lane 3					Public Swimming 11.30am – 1.30pm				Swim Academy 4pm – 5.30pm				Diving 6-6.30pm		Public Swim 4.00-7.30pm																
	Lane 4																															
	Lane 5																															
	Lane 6																															
Wednesday	Lane 1	Lane Swimming 7.00am – 6.00pm																						Walsall Synchronised Swimming Club 6.00pm – 8.30pm								
	Lane 2																															
	Lane 3	Early Morning Swimming 7.00am – 8.30am						Public Swimming 11.30am – 1.30pm				Public Swimming 4.00pm – 6.00pm																				
	Lane 4																															
	Lane 5					School Swimming 9.00am – 12.00pm																										
	Lane 6																															
Thursday	Lane 1	Lane Swimming 7.30am – 7.00pm																						City of Birmingham Water Polo 6.00pm – 8.30pm								
	Lane 2																															
	Lane 3					Public Swimming 12.30pm – 1.30pm				Public Swimming 4.00pm – 6.00pm				Junior Lifeguard 5pm – 6pm																		
	Lane 4																															
	Lane 5			Walsall College 10.30am – 12.30pm																												
	Lane 6																															
Friday	Lane 1	Lane Swimming 7.00am – 7.30pm																						Walsall Synchronised Swimming Club 7.45pm – 9.45pm								
	Lane 2																															
	Lane 3	Early Morning Swimming 7.00am – 8.30am						Public Swimming 11.30am – 1.30pm				Public Swimming 4pm – 5pm		Swim Academy 5pm – 6pm		Public Swimming 6pm – 7pm																
	Lane 4																															
	Lane 5																															
	Lane 6																															
Saturday	Lane 1	Lane Swimming 7.30am – 9.00am		Walsall Synchronised Swimming Club 9.00am – 12.30pm								Lane Swimming 12.30pm – 1.30pm																				
	Lane 2																															
	Lane 3	Swim Academy 8am – 9am										Public Swimming 12.30pm – 1.30pm																				
	Lane 4																															
	Lane 5																															
	Lane 6																															
Sunday	Lane 1	Lane Swimming 7.30am – 12.00pm																														
	Lane 2																															
	Lane 3	Public Swimming 7.30am – 12.00pm																														
	Lane 4																															
	Lane 5																															
	Lane 6																															

Walsall Leisure Child Admission Policy

- All children under the age of 8 must be accompanied by a responsible adult of 16 years or over at all times.
- 1 adult may accompany two children aged 4 to 7 or one child aged under 4.

Gala Pool events: Please be aware that the Gala Pool hosts regular events and monthly staff training (Mon 9.30am-11.30am) which may result in amendments to this programme. All changes will be posted in advance on notice boards and website.

Walsall Leisure Child Admission Policy

1. All children under the age of 8 must be accompanied by a responsible adult of 16 years or over at all times.
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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:00	Public Swimming 7.00am – 8.30am				Public Swimming 7.00am – 8.30am		
07:30							
08:00							
08:30							
09:00			School Swimming 9.00am – 12.00pm	School Swimming 9.00am – 11.00am	School Swimming 9.00am – 11.00am		
09:30							
10:00							
10:30							
11:00					Public Swimming 11.45am – 1.15pm	Synchro Club 10.30am – 12.30pm	
11:30							
12:00							
12:30							
13:00	Public Swimming 11.45am – 1.15pm	Public Swimming 11.45am – 1.00pm	Public Swimming 12.00pm – 1.00pm	Public Swimming 11.45am – 1.00pm	Public Swimming 11.45am – 1.15pm		
13:30							
14:00							
14:30							
15:00	School Swimming 1.30pm – 3.00pm	School Swimming 1.00pm – 3.00pm	School Swimming 1.00pm – 3.00pm	School Swimming 1.00pm – 3.00pm	School Swimming 1.30pm – 3.00pm		
15:30							
16:00							
16:30							
17:00	Swim Academy 4.00pm – 6.30pm	Swim Academy 4.00pm – 7.30pm	Public Swimming 4.00pm – 5.00pm	Swim Academy 4.00pm – 6.30pm	Swim Academy 4.00pm – 6.00pm		
17:30							
18:00							
18:30							
19:00			Walsall Synchro Club 6.00pm – 7.30pm		Adult Lessons 6.00pm – 7.00pm		
19:30							
20:00							
20:30							
21:00		Tamworth Sub Aqua 7.30pm – 8.30pm		City Of B'ham Water Polo 7.00pm – 8.30pm			
21:30							
22:00							